



Sexuality Education “More than the Facts of Life”

Whose Responsibility Is Sexuality Education?

Parents and other carers are and always will be the first and primary sexuality educators of their children. The school and other community groups have an important, complimentary role in the education of young people. Many parents feel uncomfortable and unable to talk to their children about sexuality. Some may feel unsure about their knowledge base and others may feel inhibited by embarrassment or fear.

Why Have a School Program?

In today's society it is often difficult for young people to obtain accurate, age-appropriate information about sexuality. Children are continuously trying to make sense of what they see and hear around them.

A person's sexual learning begins before they are old enough to be aware of it and is most strongly influenced by the values and attitudes learned in the family.

From an early age they are absorbing images and ideas about sex, whether they are spoken about or not. The earlier young people are able to talk about the good side of sex - that it is a loving, exciting and natural part of adult life the more normal will be the attitudes they develop.

A Family Life Victoria program treats sexuality as more than reproduction. It is about the way we behave as males and females. It is about lifestyle and culture; relationships emotions and values.